



## INTRODUCTION TO PROFESSIONAL GROWTH

### I. COURSE DESCRIPTION:

This course provides an introduction to the profession of nursing. The philosophy and constructs of the nursing program will be examined. The role of nursing and its evolution in society will also be explored, as will the relationship between theory, practice, and research. Participants will be introduced to the process of critical reflection and reflective learning. Opportunities will be provided for participants to examine professional practice (nurses' work) in a variety of settings.

### II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

#### Ends-in-View

1. Develop an awareness of the profession of nursing and nursing roles.
2. Describe the concept of nursing as an evolving profession.
3. Demonstrate awareness of professional standards to gain insight into nursing practice.
4. Develop a plan to promote and enhance self-directed learning by exploring various learning styles and ways of knowing.
5. Develop an awareness of the philosophy, beliefs, and values upon which the program is built.
6. Develop a beginning understanding of group process to enhance collaboration with peers.
7. Develop a beginning understanding of nursing research to become an informed consumer.

#### PROCESS

The learning activities in this course are designed to assist learners to experience many of the predominant values in nursing, with a view to understanding the basic concepts of the course.

The development of your own values will be a necessary consequence.

Selected learning experiences will provide opportunities for examination and development of such values.

Observation, critical reflection, a variety of seminars, and in-class activities will be the format of this course.

## III. TOPICS:

## Course Schedule 2013

<b><u>Week</u></b>	<b><u>Date</u></b>	<b><u>Topic</u></b>	<b><u>Assignment</u></b>
1	Sept. 4	Introduction to Course and Program Philosophy	
2	Sept. 11	Professionalism	
3	Sept. 18	History of Nursing	
4	Sept. 25	Images of Nursing	
5	Oct. 2	Research	
6	Oct. 9	Nursing Process/Critical Thinking	
7	Oct. 16	Midterm	Midterm
<b>8</b>	<b>Oct. 23</b>	<b>BScN FALL STUDY WEEK</b>	
9	Oct.30	Collaboration & Group Process/Conflict Resolution	<b>Essay Oct. 30<sup>st</sup> @ 1230 hours</b>
10	Nov. 6	Evidence Based Practice	
11	Nov. 13	Social Cultural Influences	
12	Nov. 20	Presentations ( <i>You will be given the class time to review the Poster Presentations and complete your individual constructive feedback to each group poster</i> )	<b>Group Project due Monday Nov. 18th @0830hours</b>
13	Nov. 27	Nursing Theorists/Metaparadigms	

**Final Exam will be scheduled during exam period.**

**Sequencing of topics/assignments is subject to change based on teaching/learning needs.**

#### IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Active participation and engagement by learners, and self-reflection in dialogue with classmates, all guided by Course Professor will allow exploration and formation of concepts in each learner's unique way.

There are textbooks required for this course. Required readings related to each learning activity will be assigned. These readings consist of current and classic articles relevant to the subject of the nursing profession.

- Collaborative Nursing Program, Bachelor of Science Degree in Nursing, Student Handbook 2013-2014.
- Learning Activities posted on LMS.
- American Psychological Association. (2009). *Publication manual of the American Psychological Association* (6<sup>th</sup> ed.). Washington, DC: Author.
- College of Nurses of Ontario. (2009). *Standard and Quality Practice: [cno@cnomail.org](mailto:cno@cnomail.org)*
- Potter, P., & Perry, A. (2009). *Canadian fundamentals of nursing*. (4<sup>th</sup> ed.). Toronto, ON: Mosby.
- Wilkinson, J.M. (2012). *Nursing Process and Critical Thinking* (5<sup>th</sup> ed.).
- Anderson, C.E., Carrell, A.T., & Widdifield, Jr. J.L. (2010). *What Every Student Should Know about...Citing Sources with APA Documentation*

**Several of these texts are also required materials for other nursing course in the BScN program**

#### V. EVALUATION PROCESS/GRADING SYSTEM:

The following semester grades will be assigned to students:

Grade		Grade Point Equivalent
A+	90-100%	
A	80-89%	4.00
B	70-79%	3.00
C	60-69%	2.00
D	50-59%	1.00
F (Fail)	49% and below	0.00

<b>CR (Credit)</b>	<b>Credit for diploma requirements has been awarded</b>
<b>S</b>	<b>Satisfactory achievement in field/clinical placement or non-graded subject area</b>
<b>U</b>	<b>Unsatisfactory achievement in field/clinical placement or non-graded Subject area</b>
<b>X</b>	<b>A temporary grade limited to situation with extenuating circumstances giving a student additional time to complete the requirements for a course.</b>
<b>NR</b>	<b>Grade not reported to Registrar's office</b>
<b>W</b>	<b>Student has withdrawn from the course without academic penalty.</b>

### **GRADING SYSTEM:**

The passing grade for this course is a "C" (60%). The grade for NURS 1056 will be based on the following methods of evaluation as described below.

All evaluation strategies must be submitted in order to receive a credit for the course.

Students will be evaluated on the following basis:

#### **Course Evaluation**

EVALUATION	MARKS
Midterm Exam	15%
Essay	30%
Group Project	30%
Final Exam	25%

### **VI. GUIDELINES FOR WRITTEN ASSIGNMENTS:**

- Please refer to your Student Manual on policies regarding assignments. Guidelines regarding the marking of assignments will be followed for each assignment. All written assignments must use APA format. Two copies are required for submission of all formal papers. A second copy should be emailed to the course professor by the due date. All assignments are due at the beginning of class unless otherwise directed.

- **LATE ASSIGNMENTS WITHOUT AN EXTENSION REQUEST AHEAD OF TIME (PRIOR TO THE BEGINNING OF CLASS) WILL BE GIVEN A ZERO GRADE. TO RECEIVE APPROVAL FOR LATE ASSIGNMENTS YOU MUST PRESENT ALL YOUR WORK IN A WRITTEN FORMAT UP TO THE POINT OF THE DUE DATE.**

## **VII SPECIAL NOTES:**

### **ATTENDANCE:**

Sault College is committed to student success. Classes are held weekly on Wednesdays from 1530 to 1830. Punctual and regular attendance at the various academic exercises is required of all learners. Attendance will be taken at each class. If there are circumstances bearing upon a learner's absence, the course professor should be notified. Absences in excess of 20% may jeopardize receipt of credit for the course

1. Attendance at scheduled exams and presentations is mandatory for all learners.
2. Missed assignments, presentations, and examinations will be graded "0".
3. Learners must submit all assignments and complete all exams to be eligible for a final grade in NURS 1056.

### **Course Professor**

When contacting the Course Professor via email, learners are to use their **LMS account or Outlook account**. It is unexpected that the Course Professor will respond to emails outside of university office hours. If learners wish to meet with the Course Professor outside of scheduled classes, appointments can be requested by any means such as in person, voice mail, or email.

Cell phone ring tones must be turned off during for classes. Laptops are welcome for class related activities only.

### **Regulations for Assignments**

All assignments must adhere to the School of Nursing Policies as outlined in the Program Manual Refer to "Guidelines for Written Assignments". If the learner is unable to meet assignment deadlines, it is the learner's responsibility to contact the Course Professor prior to the due date. If an assignment is late without permission, there will be a loss of 10% per day, for up to 5 days. After 5 days, no late assignments will be accepted.

Learners are responsible and accountable for submitting one hard copy and one electronic copy of their assignment to the Course Professor.

## Requirements for Essay

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### PURPOSE

The purpose of the assignment is to develop skills in essay writing through the exploration and analysis of an issue relevant to the discipline of nursing using the nursing and health care literature. In writing the essay, learners will:

- Identify and articulate a clear thesis statement which will form the basis of the essay.
- Search and identify *relevant* journal articles from nursing and/or health care literature.
- Use the literature to support/defend the thesis statement.
- Demonstrate appropriate use of APA to format the essay.
- Demonstrate beginning critical thinking skills by describing and analyzing an issue of importance to the discipline of nursing.

*Please note that to demonstrate an understanding of the issues and arguments presented in the essay, learners are encouraged to paraphrase viewpoints in their own words with appropriate referencing of ideas and avoid direct quotations from the literature.*

### PAGE LIMIT

Essays are a maximum of three pages in length, excluding reference list and appendices. Essay content beyond three pages will be excluded from grading.

### DUE DATE

Essays are to be submitted through Safe Assign on LMS by October 30<sup>st</sup> by **1230h**.

**See Learning Activities for Topics, Outline and Grading Scheme.**

## Requirements for Group Project

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### PURPOSE

The assignment will allow for the experience of working in groups while completing a comprehensive creative exercise. The project will explore critical reflection, as students explore the various topics and issues discussed in this course as it relates to professionalism in nursing. Students will have the opportunity to investigate literature, social media, and research articles to support or refute the topic selected. The project will also allow learners to gain knowledge of the relationships between concepts learned in the classroom and clinical experiences.

Learners are expected to collaborate and participate to complete the assignment. Each group will include 6 members.

**DUE DATE**

Essays are to be submitted through Safe Assign on LMS by noon Monday, November 18<sup>th</sup>, 2012. Submit the poster presentation the same due date to the LMS Presentation Display Section.

**PAGE LIMIT**

Group project **essays** must be written within a three page limit, excluding reference list and appendices. Content extending beyond the three page limit will be excluded from grading.

**See Learning Activities for Topics, Outline, and Grading Scheme.**

**VIII COURSE OUTLINE ADDENDUM:**

The provisions contained in the addendum located on the portal form part of this course outline. [www.mysaultcollege.ca](http://www.mysaultcollege.ca)